C1 - PX IDAC INTERPROFESSION DES APPELL. CIDRICOLES (PX DE LA PETITE FERME) - 1600m (a1m) - TURF - Class 3 Divided Handicap - Flat - EUR € 22,000

- 1. LA PELEMOISE Won over 1950m at Chateaubriant on the 16th of July and could upset. An outsider with a small chance
- 2. KINGSFOLD Is a likely outsider but did however finish 3rd over 1400m at Lion D'Angers over 1400m last time. Quartet value
- 3. ARCUBIATU Placed 4th three starts back over 1800m in a weak race but has been moderate since. Pass by
- 4. BLACK CESS Finished 9th only over 1400m at Chantilly last time and plenty more required to win this. Pass by
- 5. VICTORIA GROVE Running well, placed 4th over 1600m at Pompadour on the 7th of July and can go close. Strong place chance
- 6. PURPLE RAIN Current form has been on the decline and is a tad erratic, far prefer others for the shortlist. No
- 7. THE CHOSEN ONE Will need to progress a lot on current and overall form to warrant inclusion in any bets today. Pass by
- 8. SICILIA Ignore last run, placed 3rd over 1600m before that in a Handicap at Lyon Parilly. Each way chance
- 9. OYAPOCK Finished 17th last time over 1400m at Chantilly and form before that is not much better. No
- **10. RESTLESS SPIRIT -** Finished 5th over 1800m in a Handicap at this track on the 28th of June and can be expected to get much closer. Can win
- 11. HAPPY HUNTER Was a winner here on the 5th of July over 1600m in a Handicap and can follow up. Strong chance
- 12. FRAICHE Would be a huge shock if finishing in the first three. Pass by as absolutely no form to recommend
- 13. FALCON Finished 6th over 1600m in a Handicap on the 5th of July at this track and can get closer now. Include in the quartet
- **14. MY FLINDERS -** Placed 4th over 1600m at Compiegne in a Handicap last time out and could finish in the quartet again
- **15. CAREGIVER -** Was victorious four starts back and finished 5th last time over 2000m at Compiegne in a Handicap. Good chance
- 16. BALAKOVNA Much better run last time when 3rd over 1600m in Handicap class at this venue. Bright chance
- 17. MINOTAUROS Won over 1600m at Nantes on the 3rd of July and could place again despite being an outsider. Place value

Summary: RESTLESS SPIRIT (10) is taking some time to achieve the next victory but is always there and thereabouts. He has strong each way claims. HAPPY HUNTER (11) comes into the race fresh off a win at this track over 1600m and if he were to follow up, it would be no shock at all. VICTORIA GROVE (5) is lightly raced and has shown up encouragingly well in all starts. She should not be a maiden for too much longer. FALCON (13) is a tad erratic but nevertheless, has a place chance.

SELECTIONS

RESTLESS SPIRIT (10) - HAPPY HUNTER (11) - VICTORIA GROVE (5) - FALCON (13)

- C2 PX GD O. DU TROU NORMAND, DES CALVADOS, CIDRES ET POMM.(PX DE NEPTUNE) 1600m (a1m) TURF Class 3 Divided Handicap Flat EUR € 20,000
- 1. INTRIGUATOR Placed 5th over 2400m last time but form before that leaves a lot to be desired. Pass by
- 2. SAINT FIACRE Three time winner, finished 4th over 1600m at Compiegne last time and can get much closer. Big chance
- 3. NATIONAL VELVET Ignore last run when 10th, finished 4th over 1600m in a Handicap at Chantilly before that but far prefer others
- 4. SEA URCHIN Taking time to win and will need to progress on latest 6th over 2000m at Vichy. Small claims
- **5. CRACKNELL** Lightly raced and has shown very little thus far. Would be a shock winner and can be ignored from all bets. Pass by
- **6. JOYCE GALESTE -** Comes into the race boasting a win last time at Compiegne over 1600m and can follow up. Good chance
- **7. TWIN BOY -** Catching the eye, finished 3rd over 1600m in a Handicap at La Teste on the 22nd of July. Place chance
- **8. HEATHERWOOD** Attractive 2nd over 1600m at Compiegne on the 12th of July in a Handicap and can go one more. Strong win chance
- **9. MAKENO -** Managed a 3rd place at Strasbourg over 2000m on the 8th of July and can confirm that. Outside place chance
- 10. ZELZALITA Would be a shock winner based on current form. Pass by. No
- **11. VEGA DREAM** Finished 5th over 1600m in a Handicap at La Test last time and more needed for the win. Prefer others
- **12. DANSEUSE CELEBRE -** She can build on latest 5th over 1800m at this track in Handicap class. Holds a good place chance
- 13. EAGLEHAWK Banging at the door, finished 2nd in last two and can go one better. Strong each way
- **14. LOVE AFFAIR** Finished 9th over 1400m at Chantilly last time and will need to progress plenty on that for the win. Unlikely
- **15. RIMBAULT** Won last time at the races and needs to do a tad more to follow up but certainly not completely out of it. Prefer others
- **16. BOW LANE -** Hard to make a case for looking at current and overall form and can therefore be dismissed from all bets
- **17. CALY ROSAY -** Finished 3rd over 1400m at Compiegne on the 12th of June in a Handicap and might be able to repeat that but do prefer others. No

Summary: HEATHERWOOD (8) has solid overall form but does throw in an indifferent run every now and then. Looking at her best form, she can win. SAINT FIACRE (2) is a three time winner and did place 4th over 1600m at Compiegne. Each way chance. EAGLEHAWK (13) has a strong place chance. DANSEUSE CELEBRE (12) showed last time when fifth that she can place and is worth including in the quartet.

SELECTIONS

HEATHERWOOD (8) - SAINT FIACRE (2) - EAGLEHAWK (13) - DANSEUSE CELEBRE (12)

C3 - PRIX DISTILLERIE DE LA SEINE (PRIX DES COSMOS) - 1600m (a1m) - TURF - Claiming - Flat - EUR € 19,000

- 1. PLACID'OO Won the last start over 1600m at Vichy and can follow up. Big runner
- 2. ZOUZAL Will need to build on latest 7th over 1600m at Vittel and far prefer others. Outsider
- **3. LUZITANIE -** Two good runs thus far and can go very close to winning. Placed 3rd at Dax last time. Bright win chance
- **4. KEY TO VICTORY -** Either runs 7th or 4th. Finished 7th over 1400m last time. One for the shortlist that can win
- **5. EL KRAKEN -** Only managed 7th over 1600m at Clairefontaine on the 11th of July and will need to do more for the win
- **6. FURY BOXING -** Placed 4th over 1200m in a claiming race but has fair form before that. Strong each way chance
- **7. DUFY -** Never too far adrift the winner but need to do more for the win and would be an outsider result if winning. Pass by
- 8. GUAPAK Plenty of scope to progress on debut 6th at Vichy. Include in bigger quartet perms
- **9. MIA WAVE -** Finished 5th in a weak claiming race over 1400m at Compiegne on the 22nd of July. Good chance
- **10. LA PUNTINA -** Has shown little in three runs thus far. Finished only 6th last time and prefer to wait for improvement. No
- **11. SPANISH ROSE -** Finished 5th over 1200m at Dax on the 8th of June and will need to do more for the win. Place chance

Summary: KEY TO VICTORY (4) is lightly raced and more than likely has a lot more up the cuff and has to be respected and taken seriously. LUZITANIE (3) has placed in both starts thus far, caught the eye when third last time at Dax and has a bright chance. MIA WAVE (9) is getting the idea of what racing is all about and must be included in most bets. She should get it all right soon. FURY BOXING (6) has a huge place chance and is a must for the quartet.

SELECTIONS

KEY TO VICTORY (4) - LUZITANIE (3) - MIA WAVE (9) - FURY BOXING (6)

C4 - PRIX VILLE DE PONT-L'EVEQUE (PRIX DES BOCAGES) - 2400m (a1m1/2) - TURF - Class 3 Divided Handicap - Flat - EUR € 22,000

- 1. SAAM Current form has been on the decline over various distances and is hard to fancy. Happy to ignore
- 2. SANDSTORM Finished only 14th last time over 2800m in a Handicap at Compiegne. Far prefer others
- **3. ESTCOURT -** Won penultimate start which was at Saint-Cloud over 2400m on the 10th of May. Last run a concern. Outside quartet chance
- **4. LEPTI PRINSADI -** Won well at Granville over 2400m on the 15th of July and can follow up. Strong winning claims
- **5. SHATTERHAND -** Has a bright chance and can progress on latest 6th over 2000m in a claimer at Vichy. Each way chance
- **6. LOVE THE STARS -** She has won her last three impressively and can make it four in a row. Last win was over 2100m any Saint-Cloud. Big chance
- **7. QUICK FLASH -** Ignore latest 7th but did finish 2nd before that over 2300m in a Handicap at Senonnes. Should be in the money
- 8. MISSRIYA Ignore last run when 9th, finished 2nd over 2100m before that at Argentan. A must for all bets
- 9. NIGHTDANCE MAN Can progress on latest 5th over 2400m at Compiegne. Include in all bets. Good chance
- **10. SPEED OF MOTIVATOR -** Finished 5th over 2400m at Dieppe on the 31st of the fifth month and will need huge progression on that to feature
- 11. RED JOY Finished 5th over 2900m at this very circuit on the 11th of July and can improve on that. Serious claims
- **12. CILANTRO -** Placed 7th last time but did win before that over 2400m at Prunelli. An outsider that could get into the back end of the quartet
- **13. ROYAL MONARCH** was a winner at Dieppe over 2400m in a Handicap on the 14th of June and could follow up but others are preferred. Outside chance
- 14. DAY OFF Can build and will need to on latest 6th place at Parislongchamp over 2250m. More needed
- **15. CIVNYAN** Will need to progress on last run when 7th over 2700m at Le Touquet and far prefer others this time. Unlikely
- **16. YAVAIKA -** Would be huge upset result if winning as current for has been uninspiring. Hard to like. Pass by

Summary: LEPTI PRINSADI (4) boasts six wins, has won two out of his last four races and is selected to follow up. His last victory came at Granville. NIGHTDANCE MAN (9) can be expected to serve up way more than he has been of late and can be given a serious place chance. Value suggestion for all bets. LOVE THE STARS (6) has won her last three and there is simply no reason why she cannot win again to make it four in a row. SHATTERHAND (5) is a natural must for the quartet. Expect a proper run.

SELECTIONS

LEPTI PRINSADI (4) - NIGHTDANCE MAN (9) - LOVE THE STARS (6) - SHATTERHAND (5)

C5 - PRIX CONFRERIE DES FINS GOUSTIERS DU PRE-BOCAGE (PRIX KALAMOUN) - 1800m (a1m1/8) - TURF - Maiden Race - Flat - EUR € 22,000

- **1. AGUALETO -** Revealed obvious ability last year (2nd on debut) and has confirmed that promise in all 3 starts this term, finishing 2nd twice before a last-start 3rd over 1600m at Chantilly on 17 May. Overdue sets the standard
- **2. MASSIMO MERIDIO -** Got going late to finish 3rd over 1600m on debut at Chantilly (11 June) and shaped as if this longer trip will be more to his liking when only 6th (disappointing but not beaten far) over that track and trip on 29 June
- **3. KOWALSKI -** Runner-up over 1900m on the PSF at Deauville on 19 January. May have found 2200m a touch too far when finishing a well-beaten 12th in his first on turf at this venue on 11 July could do better cutting back in trip
- **4. QUAI BLERIOT -** Didn't go unnoticed (wasn't beaten far) when finishing 7th on debut over course and distance on 28 June. Would've gained plenty from that experience
- **5. MONTEBELYO -** Made a promising (3rd) debut over 1600m at Chantilly in March but has disappointed (finished unplaced) in 2 subsequent outings, the latest (7th) over 1400m at Le Mans on 15 May. Has regained freshness since
- **6. KAHOOT -** Well-beaten 8th over 1600m on debut at ParisLongchamp last year (31 August) and soundly beaten (13th) on her reappearance over 1600m at Chantilly on 29 June. Improvement needed
- **7. SEPTIMUS -** Made no impression on debut, finishing 10th of 14 over this course and distance on 11 July. Watch for now
- **8. MISS CAIA -** Finished a well-beaten 14th on debut over 1400m at Compiegne on 22 June, so is hard to make a case for. Others preferred
- **9. CHICA DE CIUDAD -** Finished an eye-catching 3rd on debut over this course and distance on 28 June, and that track experience will stand her in good stead. Candidate for success
- **10. BLUE FORTRESS -** Did too much too soon when fading tamely to finish last of 15 runners over 1400m on debut at Compiegne on 22 June. Shouldn't be hastily condemned, especially with improvement likely surely capable of better
- **11. ZESTY LIME -** Showed little in 2 starts with David Evans in England finished last of 9 over 1000m on (turf) debut at Chepstow and 11th of 12 over 1200m on PSF at Chelmsford on 22 June. Best watched in her first start on French soil
- 12. EEPHA Unplaced (9th) but far from disgraced on debut at Dieppe over 1800m on 13 May. Would've come on since
- **13. SKY THE STARS** Has maintained her respectable level of form/consistency this year and Jacky Nicoleau's 1,5kg allowance will aid this filly's cause. Dark horse

Summary: AGUALETO (1) has held his own in stronger races against better opposition than he faces here and needn't improve much over this extended trip to open his account. CHICA DE CIUDAD (9) made an encouraging introduction over this course and distance and is likely to pose a threat with the likelihood of improvement given the benefit of that experience. MASSIMO MERIDIO (2), if judged solely on the evidence of his debut, will appreciate this longer distance and should improve to make his presence felt. KOWALSKI (3) is better than his last starts suggests, so shouldn't be underestimated either.

SELECTIONS

AGUALETO (1) - CHICA DE CIUDAD (9) - MASSIMO MERIDIO (2) - KOWALSKI (3)

C6 - PRIX BISCUITERIE DE L'ABBAYE & OBJECTIF VIN (PRIX DE JERSEY) - 2200m (a1m1/2) - TURF - Handicap - Flat - EUR € 21,000

- 1. JULIE ANAIS Consistent performer with sound references/form credentials, including a 2100m handicap victory earlier this month at Le Touquet. Not disgraced (5th) under 2kg penalty in a 2500m Saint-Malo handicap (15 July)
- 2. JOBOAH Consistent performer with sound references, which include finishing 4th in back-to-back recent handicaps (the latest at Vichy over 2000m on 16 July). Warrants respect
- 3. SOHO HOUSE Unplaced in all 4 outings but could have more to offer in the handicaps. Finished 8th in 1800m conditions race at Aix-les-Bains on 9 July makes handicap debut off a lower (1kg) mark
- **4. PURE LOVE -** Soundly beaten in both handicap appearances, the latest (10th) over 2000m at Vichy on 16 July. Outsider
- 5. BIRDSONG Runner-up on handicap debut over 2400m at Chantilly on 29 June. Has a good chance to open her account
- 6. LA VUELTA Has acquitted herself well in both handicap appearances, the latest (4th) over 1800m at Le Croise-Laroche when last seen on 20 April. One to watch on her return
- 7. LUCY GALESTE Unplaced in all 4 starts and is unlikely to make any impression here after finishing a well-beaten 15th over 2400m in a handicap at Chantilly on 29 June
- **8. ANNA MANDARA -** Consistent for the most part but fluffed her lines last time when finishing a well-beaten 11th over 1800m in a handicap at this venue on 28 June. Needs to redeem herself
- 9. HEAREN Bounced back to form with a reassuring 2nd on a 2500m handicap at Saint-Malo on 15 July. Not taken lightly
- 10. DSCHINGIS LADY Finished ahead of TOTE BAG (16) when 2nd in a 2400m claimer at Lyon-Parilly last month but she failed to confirm that form/improvement when only 13th over 2200m in a conditions race there on 24 June. Lurker
- **11. GAUD -** Unplaced in all 3 outings but could have more to offer now sent handicapping. Finished 7th over 2900m at this venue on 5 July
- **12. ROYAL SOPRANO** Consistent colt with sound references/form credentials, including a last-start 4th on handicap debut over 2400m at Chantilly on 29 June. Respect
- **13. SAHIRAH -** Didnt go unnoticed when finishing 6th in first-time headgear over 1800m in a handicap on this track last month (28 June). Dark horse
- **14. MIDDLE KICK -** Consistent filly with sound references/form credentials, including a last-start 3rd in a 2000m handicap at Vichy on 16 July. Keep safe
- **15. QUEEN OF KAHRAMAN -** Unplaced in all 5 appearances and not likely to make any impression here after finishing a well-beaten 17th in a handicap on this track over 1800m on 28 June
- 16. TOTE BAG Has finished 2nd in both handicap appearances, the latest over 2000m at Vichy on 16 July. Will be a factor
- **17. LIBRE SAONOIS -** A 12-start with just a solitary place (3rd on PSF) to his name. Finished a well-beaten 9th in 1600m handicap at this venue on 5 July
- **18. BAHIA WARANA** Unplaced in all 3 outings and unlikely to trouble the judge here on his handicap debut after finishing a well-beaten 7th in a 2400m conditions race at Nantes on 3 July

Summary: BIRDSONG (5) caught the eye when finishing well (2nd) at Chantilly last time and a repeat of that performance should see her break her duck here. However, TOTE BAG (16) wouldn't be winning out of turn either, after finishing 2nd in consecutive recent starts. He will fight hard for victory. ROYAL SOPRANO (12) didn't go unnoticed when finishing behind the selection last time so he also warrants respect. HEAREN (9) completes the shortlist.

SELECTIONS

BIRDSONG (5) - TOTE BAG (16) - ROYAL SOPRANO (12) - HEAREN (9)

C7 - PRIX FROMAGERIE GRAINDORGE (PRIX DES MAGNOLIAS) - 2200m (a1m1/2) - TURF - Class 4 Claiming Handicap - Flat - EUR € 16,000

- **1. L'INDOMPTABLE -** Didn't go unnoticed when finishing 5th on this track in a 2400m claimer on 5 July. Has a place chance
- **2. NARCOS -** Gets along particularly well with Marie Velon, under whom this seven-year-old veteran has won 3 times. Soundly beaten (12th) in a 2000m handicap at Lyon-Parilly on 24 June but should fare better in this grade
- **3. ALERIO** Took advantage of a drop in the ratings to finish a reassuring 3rd in a claimer over 1850m at Vichy on 18 July. Down another 1kg in the weights so should be a factor in the finish
- **4. JOEY UP -** Hard-knocker with sound references/form credentials, including a last-start 2nd in a 2400m claimer at this venue on 5 July. Winning chance off a reduced mark
- **5. MANNE -** Well-performed veteran mare (10 wins from 83 starts) with sound references at this level on both surfaces. Unplaced in both starts/handicap appearances this month, the latest (8th) over 2200m at Dieppe (23 July)
- **6. MADAME DE SAXE -** Soundly beaten/unplaced in all 3 comeback outings this year, the latest (13th) in a 1600m handicap at this venue on 5 July. Others preferred
- **7. LIGHTED GLORY -** Returned to form with an encouraging 2nd off her current mark in a 2000m claimer at ParisLongchamp on 4 July. Not taken lightly

Summary: JOEY UP (4) finished an encouraging 2nd at this level under Mickaël Barzalona last time in his first start for this stable/trainer so need only confirm that form/improvement, with the same rider aboard, to reconnect with success. ALERIO (3), who boasts references at a higher level (off a higher mark), proved his competitiveness in this grade with a reassuring 3rd at Vichy off his current mark, so will make life difficult for the selection with the benefit of his talented apprentice's 2,5kg allowance. NARCOS (2) also has the means to make his presence felt returned to the claiming category, while LIGHTED GLORY (7) is dangerous to discount under a lightweight.

SELECTIONS

JOEY UP (4) - ALERIO (3) - NARCOS (2) - LIGHTED GLORY (7)

C8 - PX CONF.DES CHEVALIERS DU PT-L'EVEQUE ET DU LIVAROT(PX DES PATURAGES) - 2400m (a1m1/2) - TURF - Class 3 Divided Handicap - Flat - EUR € 20,000

- 1. SILVER SILK Consistent hard-knocking handicapper with sound references at this level off his current mark/rating. Only 8th over 2900m on this track last time (11 July) but wasn't beaten far and this distance is more to his liking
- 2. BECH RIVER Has won two handicaps this year, the latest over 2250m at ParisLongchamp on 4 July. Earned 3kg penalty for that win but should remain competitive
- **3. ROCHEUX -** Capable performer in handicaps with references off a higher mark. Soundly beaten (unplaced) in his last 3 starts, the latest (14th) in 1950m handicap Châteaubriant on 16 July plummeted in the weights/ratings
- **4. SPEEDFUL -** Soundly beaten/unplaced in all 3 comeback outings this year, the latest (9th) in 2250m ParisLongchamp handicap on 4 July. Others preferred
- **5. DREAM AGAIN -** Has shown signs of improvement and a return to form since dropping in the weights/ratings to her current mark. Didn't go unnoticed when 6th in 2900m handicap at this venue on 11 July attractive outsider
- **6. BRAMANTE -** Has won 2 of her last 3 starts (both of them handicaps), including her last start over 2400m at Compiegne when last seen on 10 March. Makes his comeback under a 3,5kg penalty
- 7. WINGS OF FIRE Bounced back from a disappointing (12th) previous start to finish a reassuring 4th in a 2700m handicap at Le Touquet on 1 July behind by MONJARAZ (11) who finished 3rd. Not taken lightly
- **8. TOPFINE -** A 14-start maiden with just 2 places to her name. Unplaced in both comeback outings this year, the latest (8th) in a 1900m PSF handicap at Deauville on 6 July
- **9. AMIATA -** A model of consistency in handicaps at this level with sound references/form credentials, including a good 5th over 2400m in a handicap at Vichy on 24 July. Candidate for success
- **10. WELCOME VALENTIN -** Consistent hard-knocking handicapper with sound references in turf handicaps. Absent since finishing 5th in a 2200m handicap at Amiens in October last year for another day
- 11. MONJARAZ Confirmed the improvement of his previous outing (3rd) with an encouraging 2nd in a 2300m handicap at Pompadour on 20 July. Shouldn't be underestimated
- **12. CHARLES LEGEND -** Took advantage of a drop in the ratings to finish a reassuring 4th in a handicap on this track over 2900m on 11 July. Dark horse
- **13. TREIZE CHOPE -** Soundly beaten/unplaced in consecutive handicap appearances earlier this year, the latest over 2800m at ParisLongchamp on 28 April. Best watched on her return
- **14. WALDENON -** Inconsistent veteran but has the undeniable means to play a leading role in a race of this ilk confirmed as much by finishing 2nd in a 2250m handicap at ParisLongchamp on 4 July. Keep safe
- **15. LEE DRAGON -** Showed signs of improvement when 5th in a Class 4 handicap over 2500m at Saint-Malo on 24 July but will find this tougher
- **16. ABORIGENE** Unplaced in all 10 appearances this year and is again unlikely to trouble the judge, having finished 7th in a 2900m handicap on this track last time (11 July). Others preferred

Summary: Wide-open handicap in which anything is possible. It could, however, pay to side with top-weight SILVER SILK (1) who is most effective to this classic distance and ideally positioned in stall No 1. AMIATA (9) is a model of consistency whose credentials at this level are beyond doubt. She, too, is a candidate for success along with last-start ParisLongchamp winner BECH RIVER (2) who ought to remain competitive under a penalty. WALDENON (14) and MONJARAZ (11) filled the runners-up berth last time out and shouldn't be underestimated. Tricky!

SELECTIONS

SILVER SILK (1) - AMIATA (9) - BECH RIVER (2) - WALDENON (14)